



FOR IMMEDIATE RELEASE

Contact: Daniel Christofferson

Phone: [\(206\) 909-1835](tel:(206)909-1835)

Email: info@holistichighperformance.com

Holistically Balancing Greater Seattle

One person at a time

SEATTLE, WA – Holistic High Performance has rebranded with a new look and a new feel, capturing the attention of its target market, all the way from high school athletes to retirees sore from uncomfortable desk chairs. What has for the last 20 years been one of the most popular resources for private high school athletes and their coaches alike, has also flown under the radar in Seattle's emerging structural integration world.

With a small studio tucked away in Capitol Hill, it was easy for Holistic High Performance to go unseen. However, it is impossible to avoid the raving reviews and referrals that clients and coaches who have experienced Holistic High Performance's program have to provide:

"Bottom line, if you want to bring your body back to homeostasis in order to optimize where you're at or where you're going, I strongly recommend and encourage you to see Dan and his associates [at Holistic High Performance]!!" -Coach James Laurence, Legerity Sports Performance

Along with the rebrand comes plans to expand to a larger studio this Fall offering more space, more appointment availability, educational classes, frequency-specific microcurrent equipment and more, all in a calm environment providing a platform for you to achieve your body's true potential. New location address to be determined.

Holistic High Performance is a structural integration studio currently located in Capitol Hill providing a customized experience tailored to restoring your body's unique structural balance and helping you achieve your goals.

If you would like more information about this topic, please call Daniel Christofferson at 206.909.1835 or email info@holistichighperformance.com.